

SCUF

South Cambs Users Forum

South Cambs Users Forum (SCUF) invites mental health service users, their carers and representatives in the Cambridge area to its next quarterly meeting:

‘I find coping with life really difficult sometimes, but where can I turn to for help?’

~ A discussion evening with Aly Anderson from Cam-Mind, Neil Winstone from CPFT and Dr Tina Rothì from IAPT ~
We are also hoping to be joined by a peer support worker

This meeting will be held on:

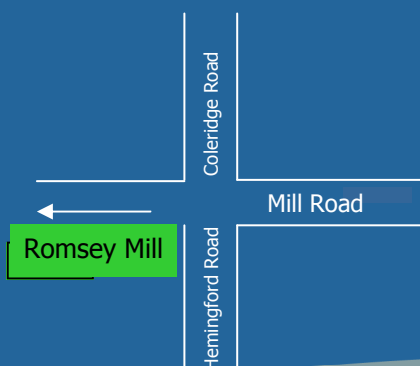
**Tuesday 19th April 2011,
6pm to 8pm**

at: **Romsey Mill, Hemingford Road,
Cambridge, CB1 3BZ**

A free buffet evening meal and drinks will be provided

Please let us know if you plan to attend and if you have any special requirements

Wheelchair access



www.scuf.org.uk

SCUF at Lifecraft, The Bath House, Gwydir Street, Cambridge, CB1 2LW

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SCUF is managed by



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